



Puppy Yoga

LONDON

Puppy Yoga

&

Puppy Therapy London

TAKE A PAWS





PUPPY YOGA LONDON

PRIVATE BOOKINGS

**Our Public and Private sessions are held
at 42 Hoxton Square, London, N1 6PB on
Saturdays and Sundays only**

ARE YOU

READY

FOR

A

GREAT

DAY?

PUPPY YOGA (Weekend)

OPTION



Our Puppy Yoga private sessions are fixed at £625 from 1 up to a maximum of 18 people. Any numbers over 18 up to 22 will be required to pay an additional £35 per person

During a Puppy Yoga session, you'll find yourself practicing yoga in a room filled with playful and adorable puppies. Our certified yoga instructors will lead you through a 20 minute gentle yoga flow followed by 40 minutes of puppy play time that incorporates plenty of puppy cuddles and interactions.

This experience benefits both puppies and attendees. The puppies will gain valuable socialisation skills, reducing separation anxiety in their new homes. Attendees enjoy a wellness break, relieving everyday work and life stresses. After each session, the puppies have a 30-40 minutes quiet time, gradually becoming more confident away from their mother. This socialisation period, lasting a few weeks, prepares them for their new, more confident lives in their forever homes.

Puppy Yoga session times 10:00, 11:15, 12:30, 13:45 OR 15:15

Alternatively you can join our public class at £35 per person up to 9 people maximum. Tickets are released every Thursday for the following weekend only

Continued...



PUPPY THERAPY (Weekend)

OPTION

Our Indoor Private Puppy Garden is £360. From 1 to a maximum of 12 people allows you 40 minutes for a Puppy Therapy experience.

During a Puppy Therapy session, you will experience the dopamine benefits of puppy cuddles in a tranquil, white picket fence setting adorned with cozy blankets, pillows, and playful puppy toys. It's an escape from the hustle of life, and we're dedicated to harnessing the mental health benefits that animals offer to alleviate stress and anxiety.

Our classes foster puppy socialisation in varied environments, reducing separation anxiety when they find new homes. Puppies return to their mother daily, gaining confidence leaving her for longer each week. This brief socialisation period enhances their readiness for new homes, ensuring they start their new lives as more self-assured dogs.

Alternatively, you can join our Puppy Therapy public classes which are priced at £29.99 per person up to 4 people maximum per group. Tickets are released every Thursday for the next weekend only

Continued...



CUSTOM EVENTS

Experience tailor-made puppy yoga events, including unique occasions like puppy proposals, set against the charming backdrop. Our bespoke packages offer a blend of serene yoga sessions and heartwarming puppy interactions, perfect for unforgettable moments like wedding proposals etc. Customise your event with options like location preferences and additional yoga features.

Prices for these personalised experiences begin at £1,450 plus VAT, ensuring that your special occasion is as unique and memorable as you envision. Embrace the joy of puppy yoga while creating cherished memories that will last a lifetime.

HOME EVENTS

Home events are priced at £1,350 plus VAT for 1.5 hour booking with the puppies. This includes transportation, puppy therapy equipment, and two trained Puppy First Aid staff members. Please note, the minimum age for participants is 6 years old. Bookings outside London incur an additional £100 fee, limited to locations within 2.5 hours from our studio. While we aim to announce puppy breeds beforehand, last-minute changes may occur. Due to this, we cannot guarantee a specific breed.

For bookings, provide your full event address, start time, and photos/videos for assessment.

Alternatively, join our studio classes: Puppy Yoga (£625, up to 18 people) or Puppy Therapy (£360, up to 12 people). Public class tickets are released via our website weekly on Thursdays.



PUPPY YOGA

BOOKING REQUIREMENTS



Time of Booking? 10am, 11.15am, 12.30pm, 1.45pm & 3pm

MAX 18 PEOPLE- Number of People?

- Number of Children and Their Ages? (Maximum 12 Children)

- Any Injuries / Disabilities or Movement limitations? Is anyone pregnant?



****Please note the minimum age we can accommodate in a session is 6 years old, for every two children we do require one adult participating in the session also.****

PUPPY THERAPY

BOOKING REQUIREMENTS

- ✔ Time of Booking? 10.35, 12.15pm, 1.30pm, 2.20pm or 3.10pm
- ✔ Number of People? (Max 12 people)?
- ✔ Number of Children and Their Ages? (Max 9 Children)
- ✔ Any Injuries / Disabilities or Movement limitations? Is anyone pregnant?

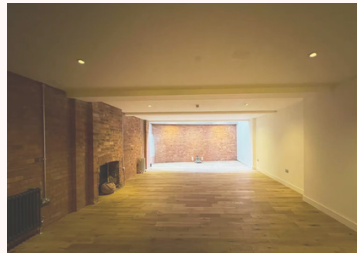
****Please note the minimum age we can accommodate in a session is 6 years old, for every three children we do require one adult participating in the session also.****



Our Studio

Serenity Studio London

- ✔ **Location:** Lower Ground floor, 42 Hoxton Square, N1 6PB (Can be wheelchair accessible from Ground floor. (Puppy Therapy Bookings))
- ✔ **Facilities:** Bathroom, Changing Room, Kitchenette, Filtered Water
- ✔ **Transport links:** 6 Minute walk from Old street station, Parking Pay and Display around Hoxton Square (Free on Sundays)





ARE

YOU

READY

TO BOOK

To confirm your booking please reply to this email including all the information requested from the "Booking Requirements" page

We are happy to tailor our events to work best for your time with us, so if you have any questions/queries please check our [FAQs](#)

We require a £150 non-refundable deposit to secure all private bookings. The remaining balance is required 7 days prior to your booking

